

Spanx Mama Hosiery Size Chart

	95lbs	100lbs	105lbs	110lbs	115lbs	120lbs	125lbs	130lbs	135lbs	140lbs	145lbs	150lbs	155lbs	160lbs	165lbs	170lbs	175lbs	180lbs	185lbs	190lbs	195lbs	200lbs	205lbs	210lbs	215lbs	220lbs
4'10"	A	A	A	A	A	B	B	B	B	B																
4'11"	A	A	A	A	A	A	B	B	B	B	B	C	C													
5'0"	A	A	A	A	A	A	B	B	B	B	B	B	C	C	C	D	D	D	D							
5'1"	A	A	A	A	A	A	A	B	B	B	B	B	C	C	C	C	C	D	D	D						
5'2"	A	A	A	A	A	A	A	B	B	B	B	B	C	C	C	C	C	C	D	D	D					
5'3"	A	A	A	A	A	A	A	B	B	B	B	B	C	C	C	C	C	C	D	D	D	D				
5'4"		A	A	A	A	A	B	B	B	B	B	B	C	C	C	C	C	C	D	D	D	D	D			
5'5"			A		A	B	B	B	B	B	B	B	C	C	C	C	C	C	D	D	D	D	D	D	D	
5'6"					B	B	B	B	B	B	B	B	C	C	C	C	C	C	D	D	D	D	D	D	D	D
5'7"						B	B	B	B	B	B	B	C	C	C	C	C	C	D	D	D	D	D	D	D	D
5'8"							B	B	B	B	C	C	C	C	C	C	C	C	D	D	D	D	D	D	D	D
5'9"								B	B		C	C	C	C	C	C	C	D	D	D	D	D	D	D	D	D
5'10"											C	C	C	C	C	C	D	D	D	D	D	D	D	D	D	
5'11"												C	C	C	C	D	D	D	D	D	D	D	D	D	D	
6'0"													C	C	D	D	D	D	D	D	D	D	D			

*MAMA SPANX is sized according to your pre-pregnancy weight.