

DRESS FOR YOUR BODY TYPE



Straight

Little definition between bust, waist and hip measurements.

Fitted sheaths play up your lines, while babydolls and A-line styles help create some curves. Look for dresses with decorative embroidery, gathering or small patterns along the upper body.



Pear

Fuller at the hips and bottom and smaller on top.

Dresses with fitted, open-neck or strapless tops enhance your upper body and draw the eye up, while full or A-line skirts help hide wider hips. Darker colors camouflage your lower half.



Hourglass

Curvaceous, with full bust, defined waist and full hips.

Wraps, knits and dresses with fitted waists enhance your classically feminine form. Look for adjustable-waist styles for the best fit.



Apple

Weight is carried around the middle, without a well-defined waist.

Babydolls and Empire waists draw the eye up, taking attention away from the middle and allowing a looser fit. Neck details also bring the focus up, while full skirts and A-line styles can create an hourglass illusion.



Full Bust

Bust measurement is fuller than hips and bottom.

V- and U-necklines draw the eye downward for a slimming effect. Halters can provide fuller coverage—look for one that comes with bra cups for added support. A-lines, full skirts and hem details help balance out the bottom half.