expert tips

The measurements shown below are based off GARMENT measurements. See expert tips for additional fit measurements.

#### Trim Fit

	14	14.5	15	15.5	16	16.5	17	17.5	18	18.5	19	19.5	20	20.5	21
Shoulder	17.25"	17.75"	18.25"	18.75"	19.25"	19.75"	20.25"	20.75"	21.25"	21.75"	22.25"	22.75"	23.25"	23.75"	24.25"
Chest	40"	41"	43"	45"	47"	49"	51"	53"	55"	57"	59"	61"	63"	65"	67"
Waist	35"	36"	38"	40"	42"	44"	46"	48"	50"	52"	54"	56"	58"	60"	62"

#### **Trim Fit Center Back Length**

14	14.5	15	15.5	16	16.5	17	17.5	18	18.5	19	19.5	20	20.5	21
28.875"	29"	29.125"	29.25"	29.375"	29.5"	29.625"	29.75"	29.875"	30"	30.125"	30.25"	30.375"	30.5"	30.625
29.875"	30"	30.125"	30.25"	30.375"	30.5"	30.625"	30.75"	30.875"	31"	31.125"	31.25"	31.375"	31.5"	31.625
31.875"	32"	32.125"	32.25"	32.375"	32.5"	32.625"	32.75"	32.875"	33"	33.125"	33.25"	33.375"	33.5"	33.625
32.875"	33"	33.125"	33.25"	33.375"	33.5"	33.625"	33.75"	33.875"	34"	34.125"	34.25"	34.375"	34.5"	34.625
33.875"	34"	34.125"	34.25"	34.375"	34.5"	34.625"	34.75"	34.875"	35"	35.125"	35.25"	35.375"	35.5"	35.625
34.875"	35"	35.125"	35.25"	35.375"	35.5"	35.625"	35.75"	35.875"	36"	36.125"	36.25"	36.375"	36.5"	36.625
	28.875" 29.875" 31.875" 32.875" 33.875"	28.875" 29" 29.875" 30" 31.875" 32" 32.875" 33" 33.875" 34"	28.875" 29" 29.125"   29.875" 30" 30.125"   31.875" 32" 32.125"   32.875" 33" 33.125"   33.875" 34" 34.125"	28.875" 29" 29.125" 29.25"   29.875" 30" 30.125" 30.25"   31.875" 32" 32.125" 32.25"   32.875" 33" 33.125" 33.25"   33.875" 34" 34.125" 34.25"	28.875" 29" 29.125" 29.25" 29.375"   29.875" 30" 30.125" 30.25" 30.375"   31.875" 32" 32.125" 32.25" 32.375"   32.875" 33" 33.125" 33.25" 33.375"   33.875" 34" 34.125" 34.25" 34.375"	28.875" 29" 29.125" 29.25" 29.375" 29.5"   29.875" 30" 30.125" 30.25" 30.375" 30.5"   31.875" 32" 32.125" 32.25" 32.375" 32.5"   32.875" 33" 33.125" 33.25" 33.375" 33.5"   33.875" 34" 34.125" 34.25" 34.375" 34.5"	28.875" 29" 29.125" 29.25" 29.375" 29.5" 29.625"   29.875" 30" 30.125" 30.25" 30.375" 30.5" 30.625"   31.875" 32" 32.125" 32.25" 32.375" 32.5" 32.625"   32.875" 33" 33.125" 33.25" 33.375" 33.5" 33.625"   33.875" 34" 34.125" 34.25" 34.375" 34.5" 34.625"	28.875" 29" 29.125" 29.25" 29.375" 29.5" 29.625" 29.75"   29.875" 30" 30.125" 30.25" 30.375" 30.5" 30.625" 30.75"   31.875" 32" 32.125" 32.25" 32.375" 32.5" 32.625" 32.75"   32.875" 33" 33.125" 33.25" 33.375" 33.5" 33.625" 33.75"   33.875" 34" 34.125" 34.25" 34.375" 34.5" 34.625" 34.75"	28.875" 29" 29.125" 29.25" 29.375" 29.5" 29.625" 29.75" 29.875"   29.875" 30" 30.125" 30.25" 30.375" 30.5" 30.625" 30.75" 30.875"   31.875" 32" 32.125" 32.25" 32.375" 32.5" 32.625" 32.75" 32.875"   32.875" 33" 33.125" 33.25" 33.375" 33.5" 33.625" 33.75" 33.875"   33.875" 34" 34.125" 34.25" 34.375" 34.5" 34.625" 34.75" 34.875"	28.875" 29" 29.125" 29.25" 29.375" 29.5" 29.625" 29.75" 29.875" 30"   29.875" 30" 30.125" 30.25" 30.375" 30.5" 30.625" 30.75" 30.875" 31"   31.875" 32" 32.125" 32.25" 32.375" 32.5" 32.625" 32.75" 32.875" 33"   32.875" 33" 33.125" 33.25" 33.375" 33.625" 33.75" 33.875" 34.875" 34.875" 34.625" 34.75" 34.875" 35"	28.875" 29" 29.125" 29.25" 29.375" 29.5" 29.625" 29.75" 29.875" 30" 30.125"   29.875" 30" 30.125" 30.25" 30.375" 30.5" 30.625" 30.75" 30.875" 31" 31.125"   31.875" 32" 32.125" 32.25" 32.375" 32.5" 32.625" 32.75" 32.875" 33" 33.125"   32.875" 33" 33.125" 33.375" 33.5" 33.625" 33.75" 33.875" 34.875" 34.875" 35" 35.125"	28.875" 29" 29.125" 29.25" 29.375" 29.625" 29.625" 29.75" 29.875" 30" 30.125" 30.25" 30.25"   29.875" 30" 30.125" 30.25" 30.375" 30.625" 30.75" 30.875" 31" 31.125" 31.25"   31.875" 32" 32.125" 32.25" 32.375" 32.5" 32.625" 32.75" 32.875" 33.875" 33" 33.125" 33.25" 33.375" 33.625" 33.75" 33.875" 34.875" 34.875" 34.125" 35.125" 35.25"	28.875" 29" 29.125" 29.25" 29.375" 29.5" 29.625" 29.75" 29.875" 30" 30.125" 30.25" 30.375"   29.875" 30" 30.125" 30.25" 30.375" 30.625" 30.625" 30.875" 31" 31.125" 31.25" 31.375"   31.875" 32" 32.125" 32.25" 32.375" 32.5" 32.625" 32.75" 32.875" 33" 33.125" 33.25" 33.375"   32.875" 33" 33.125" 33.25" 33.375" 33.625" 33.75" 33.875" 34.75" 34.75" 34.875" 34.875" 35" 35.125" 35.25" 35.375"	28.875" 29" 29.125" 29.25" 29.375" 29.5" 29.625" 29.75" 29.875" 30" 30.125" 30.25" 30.375" 30.5"   29.875" 30" 30.125" 30.25" 30.375" 30.625" 30.625" 30.875" 31.875" 31.25" 31.375" 31.375" 31.5"   31.875" 32" 32.125" 32.25" 32.375" 32.625" 32.75" 32.875" 33" 33.125" 33.25" 33.375" 33.625" 33.625" 33.75" 33.875" 34.75" 34.875" 34.875" 34.875" 34.875" 35.125" 35.25" 35.375" 35.5"

#### MEN'S DRESS SHIRTS: FIND YOUR FIT & HOW TO MEASURE



CLASSIC

Generously cut through the chest and body, with broader shoulders and looser sleeves. REGULAR

Extra room through the chest and body, with broad shoulders and moderately full sleeves. TRIM

Fitted through the chest, armholes and sides EXTRA-TRIM

Slim throughout, with higher armholes and narrower sleeves.

## **HOW TO MEASURE**

### Dress Shirts

Dress shirts are sized according to several key body measurements. Follow these simple instructions to take your measurements, then look for additional size information on the product page to determine which size to buy.

### Neck

Measure around your neck at the level of your Adam's apple. You should be able to comfortably fit two fingers between your neck and the measuring tape.



## Sleeve

Place your hand on your hip, with your arm bent at 90 degrees. Then have someone measure the distance from the center back of your neck (along your shoulder and elbow) all the way to your wrist.



# Helpful Hints

- Most dress shirts are sold by neck size and sleeve length. The sleeve measurement determines the overall length of the shirt, ensuring that it's long enough in the body to fit comfortably.
- Dress shirts sold solely by neck size are still made proportionate to the sleeve/body ratio. Check for additional size information on the product page for specific sleeve lengths.

Want expert help? Find the store nearest you and come in for a personal fitting.