NORDSTROM

Men's Contemporary Regular Apparel Size Guide

	XX-Small	X-Small	Small	Medium	Large	X-Large	XX-Large	3X-Large	4X-Large	5X-Large	6X-Large
Neck	14"	14.5"	14.75"	15.5"	16.5"	17.5"	18.5"	20"	20.5"	21.25"	22"
Chest	33"	34-36"	36-38"	38-40"	42-44"	46-48"	50-52"	54-56"	56-58"	58-60"	62-64"
Waist	28"	28.8-29.5"	30-31.5"	32-34"	35.5-38.5"	39.5-43.5"	44.5-48"	49-52"	52-55"	56-60"	62-64"
Sleeve	32-33"	33-34"	34"	34-35"	35-36"	36-37"	37-38"	38-39"	38.5-39.5"	38.5-39.5"	38.5-39.5"

Tall Sizes. Made for guys 6'4" or taller with waists measuring less than their chest. Tall styles are designed with extended sleeve, body and inseam lengths.

Men's Contemporary Tall Apparel Size Guide

	LT	1XLT	2XTL	3XTL	4XTL	5XTL	6XLT
Neck	16.5"	17.75"	18.75"	20.25"	20.75"	21.5"	22"
Chest	42-44"	46-48"	50-52"	54-56"	56-58"	58-60"	62-64"
Waist	36-39"	40-44"	45-48.5"	49-52"	52-55"	56-60"	62-64"
Sleeve	37.5"	38.5"	39.5"	40"	40.5"	40.75"	41"

Men's apparel is sized according to several key body measurements. To get accurate measurements, wear undergarments only; do not measure over clothing.

Once you know your body measurements, consult the Size Chart and Fit Tips on the product pages to determine which size you should purchase.



measure around your upper body, under your armpits and over the fullest part of your chest and shoulder blades.

Measure similarly styled pants that fit you well. Measure from the crotch seam to the hem.